

**Table 2****Studies of 1 Month or Longer for Inflammation and Biofilm Measures Using Water**

<b>Product</b>	<b>No. of Studies</b>	<b>No. of Patients</b>	<b>Duration (Months)</b>	<b>% Bleeding Reduction</b>	<b>% Gingivitis Reduction</b>	<b>% Plaque Biofilm Reduction</b>
<b>Waterpik<sup>9-12,16-26,32</sup></b>	16	1225	1–6	22.8–84.5	10.8–66.9	0.1–64.9
<b>OxyJet<sup>25</sup></b>	1	64	2	26	11	4.4
<b>Hydro Floss<sup>28,29</sup></b>	2	69	3	No Data	ND* in one study, and 27% non-significant in second study	NE <sup>†</sup> in one study and 2.2% in second study

\*No data reported in one study and non-significant reduction of 27% in gingivitis in second study of only lower anterior teeth.

†Data only available for lower anterior, showing a reduction of 40% in plaque and calculus as one score classed as “accretions.”